

Cookbooks



Better Homes and Gardens Silly Snacks

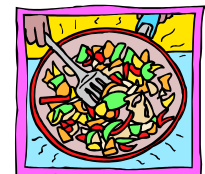
Jennifer Dorland Darling, Meredith Books, 1998

This cookbook shows how to make funky food that kids love - crunchy, gooey, sweet, sour, fruity - You get 50 easy to prepare recipes that has been given a thumbs-up by kids. It contains snacks for every day and special holidays; and lots of wacky snack pictures.

Children's Choices: A Cookbook for Family Child Care Providers

California Department of Education, 1995

This cookbook has over 100 recipes tested by children. It is well illustrated with an easy-to-follow format showing step-by-step recipe instructions. It provides substantial nutritional information, including a listing of the nutrients for each recipe. It is filled with practical hints for planning and preparing meals



Holiday Storybook Stew: Cooking Through the Year With Books Kids Love

Suzanne I. Barchers and Peter J. Rauen, Fulcrum Pub, 1998

This companion book to "Storybook Stew: Cooking with Books Kids Love" combines three favorite pastimes: celebrating holidays, eating great food, and reading books. Each holiday features an activity and a recipe. It also includes unusual holiday observances such as Chocolate Week and International Friendship. Safety tips, conversion charts, a glossary, and booklists make this an ideal resource book for home or classroom use.

Kids' First Cookbook: Delicious-Nutritious Treats To Make Yourself!

The American Cancer Society, 2000

This cookbook is easy to follow, with lots of pictures that will appeal to kids. Sections include breakfast, drinks, snacks, pizza, meals, goodies, blueprints, and a parents' section. It also includes instructions on how to read a food label, kitchen safety, and a guide to the food pyramid.



Kids...Get Cookin! / Chicos...A Cocinar!

California Children's 5 a Day-Power Play! Campaign, 2000

Recipes for healthy snacks in both English and Spanish along with photographs of sports figures and popular movie and television stars.

Learning Through Play: Cooking

Scholastic Prof Book Div, 1992

This book is written for childcare providers but it can be also help anyone who wants to plan developmentally appropriate cooking experiences for children. Attention is given to safety concerns, nutrition, cultural considerations, organizing work space, managing volunteer helpers, cooking with mixed-age groups, special-needs children, and talking with families.



Multicultural Snacks: Common Ingredients, Different Cultures

Susan Hodges and Kathy Kotomaimoce, Warren Pub House, 1995

This book contains traditional recipes from a variety of cultures featuring ingredients familiar to young children.

The Please Touch Cookbook

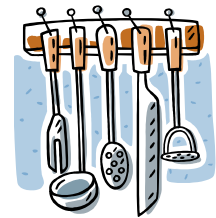
Please Touch Museum, Silver Pr, 1990

This book is for parents with children ages 1 to 7. Simple, creative recipes are embellished with jokes, riddles, fun facts about food, and suggested readings that relate recipes to classic children's stories. Parent and child are encouraged to explore science and their senses by using safe and simple kitchen items.

Pretend Soup and Other Real Recipes: A Cookbook For Preschoolers and Up

Mollie Katzen and Ann L. Henderson, Tricycle Press, 1994

This book introduces very young children to the creative world of cookery in a fun, healthful way. It includes wonderful input from kids who've found their way into the kitchen. Each recipe begins with instructions to grown-ups, who function mainly as kitchen helpers and safety monitors. Kids can do most of the work themselves by referring to simple, carefully sequenced sketches designed especially for them.



"Cookery is not chemistry. It is an art. It requires instinct and taste rather than exact measurements."

Marcel Boulestin